

NORTH AREA COUNCIL
Project Performance Report

July 2015

INTRODUCTION

North Area Council Priorities

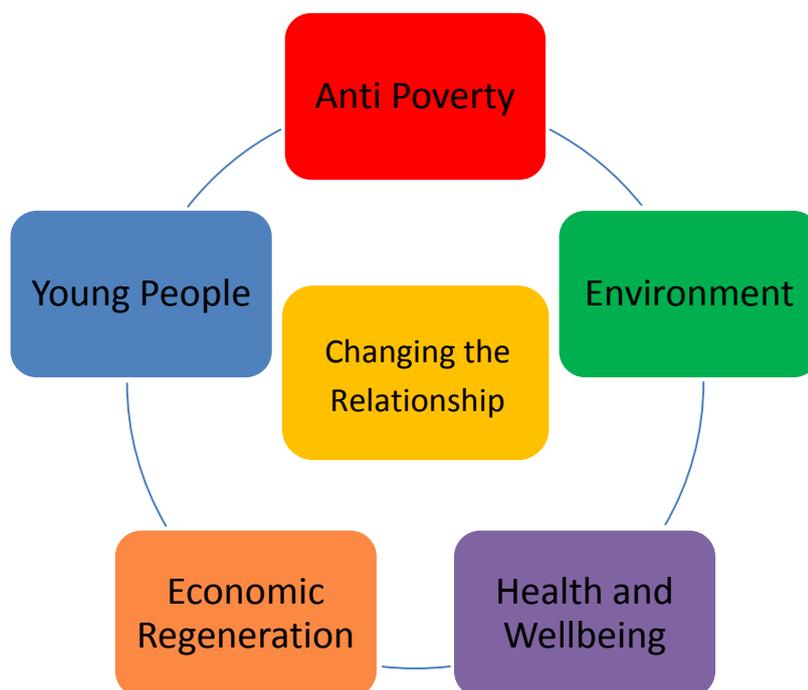


Table 1 below shows the Provide that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council. A number of projects are still in the development phase.

	Service	Provider	Contract Value/length	Contract start date
Anti Poverty	Financial Inclusion Service	TBC	£145,000 2 years	14 th September 2015
Young People	Summer Holiday Internship 2014	C&K Careers	£39,410 9 months	April 2014
Young People	Summer Holiday Internship 2015	C&K Careers	£45,000 18 months	9 th March 2015
Environment	Environmental enforcement	Kingdom Security	£ 54,771 1 year	4 th August 2014
Environment	Clean & Green Community Development	TBC	£150,000 2 years	TBC July 2015
Economic Regeneration	TBC		TBC	
Health and Wellbeing	Healthy Eating Project	South and West Yorkshire (NHS) Foundation Trust	£98,893 18 months	16 th October 2014

PART A - OVERVIEW OF PERFORMANCE

To date 4 contracts have formally completed their contract monitoring/contract management reporting. The following tables therefore reflect the overview of performance of **3 contracts only**. These contracts are:

- C&K Careers 2014 – Year 1
- Kingdom Security – Year 1, up to Q3
- SWYPFT – Year 1, up to Q2
- C&K Careers 2015/16 – 20 months

In addition there are 6 Stronger Communities Grants Projects:

- Ad Astra Barnsley CIC – Broadening Horizons: £19,270
- Athersley Cares – Project Expansion: £12,285
- Greenworks Barnsley – Sustainable Allotments and Community Orchards Project
- Pogmoor Area Residents Association – Hollingworth Park Sensory Garden Project: Applied for £19,999.80. Awarded £9,176
- Romero Communities – Project Expansion: £19,308
- Royal Voluntary Service – Barnsley North Looking Out for Older People

Young People

Performance Indicator (combined with North East)	Target	Achieved to date
Summer internship to be delivered over summer 2015	120	70%
Development of five year plans tailored to the needs of students	120	
Improved confidence and self-esteem of students	120	

Environment: Enforcement

Performance Indicator	Target	Achieved to date
Patrol Hours completed	5522.5	111%
No of litter and dog fouling operations	24	150%
No of litter and dog fouling FPNs issued	N/A	485
No of parking PCNs issued	N/A	31
Payment rate for dog fouling and litter FPNs	N/A	70%
Payment rate for parking PCNs	N/A	-

N.B. Q3 performance. Awaiting Q4 report.

Health and Wellbeing

Performance Indicator	Target	Achieved to date
No of participants completing the cook and sessions (128 in total)	32	56
No. of healthy eating champions trained (target is 4 per ward)	6	10
Plan and deliver at least one high profile event in each ward	8	12
Final assessments completed post intervention	26	9
% of participants showing improvement in health and wellbeing	70%	66%

PART B - SUMMARY PERFORMANCE MANAGEMENT REPORT FOR EACH SERVICE

C&K Careers

	RAG
Young People	
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Health and Wellbeing	
Outcome indicator targets met	●
Social value targets met	●
Economic Regeneration	
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

A comprehensive quarter 1 performance report was submitted by C&K Careers on the 24th June 2015. Following which a contract monitoring meeting was held on the 9th July.

Key milestones achieved

During the first 3 months of this 20 month programme the focus has been on the preparation phase of the programme.

C&K Careers have:

Met with leadership teams in schools to explain the programme, agree communication and access to Year 10 students;

Recruited and briefed the full C&K Careers staff team – co-ordinator, careers advisers, employer liaison officers and student volunteers;

Planned the workshop programme, developing resources further based on feedback from 2014 participants;

Activity/intervention targets achieved

The North and North East Area contract is being delivered as one combined activity. programme are as follows:

- develop an offer for young people from employers
- working with the schools to advertise the opportunity to local young people
- working with the schools recruit young people to the programme, ensuring the targets are achieved
- provide an evaluation of the programme and report on its impact

Quarter 1 achievement is outlined below.

Area Council	North	North East
Target for students engaged	120	
Total engaged to June	85	
Initial Interviews complete and Action Plans started	80	
Placement Application forms received	85	
Engaging Placement Providers	33 businesses engaged, approx 100 placements available	

ii) **Social Value Indicators**

The social value indicators identified in the specification have thus far been addressed in the following ways

- **Recruitment and deployment of volunteers where appropriate.**

Four student ambassadors have been employed to work alongside Careers Advisers delivering the summer workshops, all are from the University of Huddersfield.

Two 'Internship 2014 Graduates' (ie now in Year 11) have responded to our call for volunteers to take part in the 2015 programme. Two different students have volunteered to take part in a Story Telling video about the programme.

- **Contributing to improved employment prospects for young people by engaging the local business community in this project**

We have contacted the employers who were involved last year to get them on board again for this year. In addition we have engaged the local business community by using a variety of marketing and promotional materials to inform local employers. Additionally we have followed up leads given by contract managers.

- **Local spend**

The Core, in central Barnsley, has been booked for all workshops sessions for 3 weeks in the summer holidays. We are also hiring ICT equipment from them. With the income from this the Core is intending to buy further laptops which they will then be able to hire out to other organisations using their building, thereby increasing their income stream in future.

Celebration events will be booked in local venues (Shaw Lane and probably the Rockingham Centre), local caterers and party suppliers will be used.

Activity/Intervention Targets

Schools

The main activity taking place at this point in the programme is engagement with schools and the recruitment and interviewing of individual students. This has proved far easier in some schools than in others.

North/North East Areas.

A careers adviser has been into all but one of the other North/North East schools to deliver a presentation about the programme to either the full Year 10 cohort or a select group of students identified by the school. Holy Trinity decided that they would publicise the programme to students themselves. The whole year group at Carlton ALC and Darton College attended the presentation, while a smaller pre-identified group attended presentations at Shafton ALC.

All students who have expressed an interest in the programme and who have completed an application form have been interviewed at Darton College (25) , Holy Trinity (11) and Shafton ALC (24). There are five students who still need to be interviewed at Carlton ALC (25 in total). Dates have been arranged for these interviews.

All 24 interviews at Shafton were carried out during a 3 hour period one afternoon in May. Three careers advisers and the programme co-ordinator were involved in this. The school were not willing to allow students to be released from lessons other than Core PE so this was the only viable way to interview the students. It proved successful as all students attended, had an interview and all relevant paperwork was completed.

Arranging and carrying out the interviews at the other North/North East schools has been relatively straight forward and students have remembered to attend their interviews meaning not many re-arrangements having to be made.

At present we are undersubscribed in the North/North East areas as fewer students have completed applications than the schools originally envisaged. We have emailed the schools to encourage them to continue to recruit, providing examples of some of the interesting placements available. We would particularly welcome more boys on the programme.

Flyers have been provided to the Area Managers to place on their local Face Book pages to promote the programme.

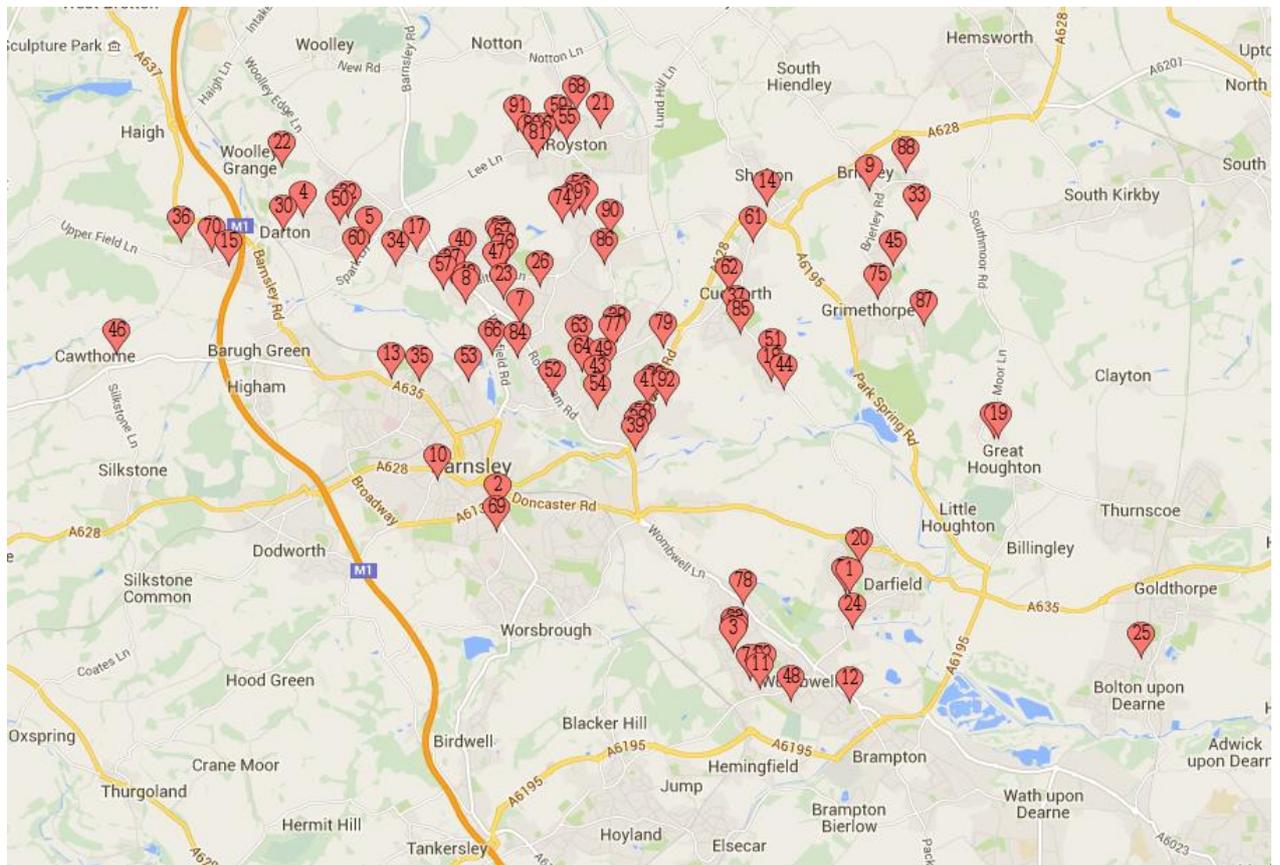


Fig 1: Locations of students engaged.

N.B. C&K Careers are working with North, North East and South Area Councils.

Employer Engagement

Employer Liaison Officers have been following up leads and cold calling employers to generate potential placements. There will be confirmed as application forms from the students come in. Placements will also be sought to meet specific demand. Once students are placed Health and Safety visits will take place.

Confirmed offers include:

Shaw Lane Rugby Club, Barnsley MBC, NPS, Morrisons, RSPB Old Moor.

Kingdom Security - Quarter 3 report received on 6th May 2015

	RAG	
Clean and Green	Satisfactory quarterly monitoring report and contract management meeting.	●
	Milestones achieved	●
Health and Wellbeing	Outcome indicator targets met	●
	Social value targets met	●
Economic Regeneration	Satisfactory spend and financial information	●
	Overall satisfaction with delivery against contract	●

N.B. The Q4 monitoring report is not due until the end of July 2015.

SWYPFT – Quarter 1 report received on 16th June 2015

	RAG
Health and Wellbeing	Satisfactory quarterly monitoring report and contract management meeting. 
	Milestones achieved 
Anti Poverty	Outcome indicator targets met 
	Social value targets met 
Changing the Relationship	Satisfactory spend and financial information 
	Overall satisfaction with delivery against contract 

As illustrated in the table above, the SWYPFT are meeting all milestones and targets set. There is overall satisfaction that the service is performing well and is making good progress in line with the contract. The Quarter 2 Contract Management Meeting was held on 24th April.

N.B. The Q3 Contract management meeting for this contract had not taken place at the time of writing. The meeting will take place on the 24th July. However SWYPFT had submitted their quarterly report, please find extracts below.



With all of us in mind

‘Now You’re Cooking’ Project – cook up a healthy life in Barnsley North Area (April – June)

Old Town Ward

Summer Lane School – cook & eat taster sessions will be delivered in Sept 2015 to try to promote a cook and eat course that will be held in October 2015.

We had a healthy eating stand, guess the fruit and veg game and we were giving out fruit tasters at Summer Lane School summer fayre.



A wet and windy day, but well attended and we handed over 50 information bags and spoke to parents about the cooking sessions starting in the new school year in September.

Healthy Business Event (BizBot) - attended and delivered a healthy breakfast demonstration promoting the project and how we can work with businesses across the North Area. From this event we are corresponding with ASDA to hold a healthy eating stand and another business has requested some staff training around healthy eating.

Ad Astra youth group – cook & eat course consisting of 6 sessions. At each session 6-8 children prepare and cooked the meal so everyone attending had the opportunity to taste. All children were giving a recipe each week and there was a celebratory event on the last week and everybody received a certificate.



Pogmoor resident's Association – group have been contacted and we are awaiting further correspondence.

Willthorpe Park Family Fun Day 28/05/2015. Guess the food, tasting session and promote the project. Very well attended.

Smithies – cook & eat course to be delivered at 'The Bungalow'. Open to all residents. July 2015.

Future work:

- Deliver a holiday programme to Adastra youth group.
- Deliver another 6 week cook & eat programme to Adastra youth group (cooking with different children).
- Work planned with parent support worker at Willthorpe Children's Centre.
- Waiting for changes at Willthorpe Children Centre and then work will continue on growing project etc.
- Healthy eating stand at ADSA.

St Helen's Ward

Cook & eat course over 6 sessions – adults with LD, Laithes Lane Unit June 2015-



Bread making, to accompany the leek and potato soup they made. 5 made the bread and soup but everyone at the centre that day had a taste.

Cook & eat course over 4 sessions – youth group 8-16yrs, Family cooking during school summer holidays at Roundhouse Resource Centre June-September.

TARA coffee morning attended to meet the local residents and promote a cook & eat course to be held in Sept 2015.

St Edwins Croft, demonstration event June 2015, all tenants were sent an invite. Due to the demonstration being a success a cook & eat course was set up to start the following week.

Future Work:

- Deliver a cook & eat course to the general public at the Roundhouse Resource Centre.
- Work with the allotment holders and staff. Sessions around 'ground to plate'.
- Attending the New Lodge Community Centre open day.
- Cook & eat for families – Roundhouse Resource Centre, 28/07/2015
- St Helen's Gala – healthy eating and popcorn stand 18/07/2015.
- Cook & eat for Parents and children. Athersley South Primary School. Start Sept 2015.
- Cook & eat for after school club. Athersley South Primary School. Start Sept 2015.

Darton West Ward

2nd Cook & eat (parents with children under 18 months), Darton Children's Centre, started 04/06/2015.

Cook & eat course at Kexborough Methodist Church to parent and toddler group. Started 04/06/2015.

Health talk & promote project to Childminders in the Darton area 21/05/2015. Cook & eat planned for Sept 2015.

Visit Darton Women's Group – promote project project and discuss recipe book 13/07/2015.

Fun with Food session, parents & children. Darton Children's Centre.



Future work:

- Develop a growing project at Darton Children's Centre.

Darton East Ward

Community cook & eat held at Mapplewell Village Hall – Weds evenings 5-7pm. 6 people attended, (4 females, 2 males aged 40's to 90's). This venue had no access to kitchen facilities, it was a challenge we overcame.



Taster session/info session at mother & tots group. Mapplewell Village Hall June 15. 20 children & 23 Adults. Signposted to Cook & Eat sessions.

Future work:

- Have a healthy eating stand at the 'Giving Blood Event'. Mapplewell Village Hall June 2015.
- Health stand for Tai Chi group. Mapplewell Village Hall.
- Talk & tasting session to luncheon club (to be confirmed).

Training & volunteering

We have delivered 1 more 'training the trainer sessions'. This was delivered at Kexbrough Church Hall in Darton.

Further work:

- Waiting list with 8 people. Venue has been identified to deliver training in Sept 2015.
- Work with all partners e.g. health trainers & change4life team.

Resources ordered (mixing bowl, measuring jug, spatulas, pens, pencils, shopping bags, drawstring bags and shopping trolley tokens).
Project leaflet has been ordered

We are working with the health champion manager to distribute mobile cooking equipment boxes in centres across Barnsley North Area that can be used by the centre and by community/health champions.



Facebook has over 200 likes, we promote the Now You're Cooking page at all events and every session we attend.

Please refer to our facebook page for weekly update – search Barnsley Now You're Cooking or via



CASESTUDIES:

	<p>Barnsley North Healthy Eating Project –</p> <p>'Now You're Cooking'</p> <p>Open group at Mapplewell Village Hall</p>
<p>Background- Background evidence/situation which lead to the projects initiation</p>	<p>Barnsley North ward areas commissioned SWYPT to run cook and eat sessions free of charge to the general public to encourage them to eat more healthily. It is an 18 month project that runs from Oct 2014 to March 2016.</p> <p>The North Area Council wanted to provide their communities with access to information and advice on how to eat healthily, to include delivery of practical sessions for cook and eat, cooking / shopping on a budget. To enable local people to make informed decisions about their/family daily diet.</p> <p>Eating healthily can have a great effect on a person's overall health and wellbeing and can impact on their life expectancy.</p> <p>By improving knowledge and skills around cooking in time it should help reduce the demand on local health services. It will also encourage people to become close communities again and help improve confidence and pride within their local area.</p>
<p>Partners</p>	<p>SWYPFT Community Food and Health Team</p> <p>Barnsley North Commissioners</p> <p>Mapplewell Village Hall</p> <p>Local Councillors for Darton East</p>
<p>Aims and objectives-What were the main aims and expected outcomes?</p>	<p>Aims</p> <ul style="list-style-type: none"> • Access affordable healthy foods • Encourage participants to cook • Improve knowledge about healthy eating on a budget <p>Objectives</p> <ul style="list-style-type: none"> • Promote healthier ways to cook • Tasters for the group to try

- Recipes to take home and make
- To encourage the participants to lower their fat/sugar intake
- Try different foods
- Be aware of basic food hygiene and health and safety within the kitchen

Methodology-
How was the project delivered?

Seven sessions were booked to be delivered at the village hall. The venue is situated on the main road and accessible by local bus service and parking is available.

There is a kitchen area but we were unable to access the group was run on an evening and the kitchen was locked up, we were also told that as they use it for a community cafe and prepare meals for the day nursery next door we may contaminate the work area, so were unable to access. All the equipment and resources were brought in by the food and health worker including a portable stove and plug in cooking pot. As there was no access to the kitchen all the pots had to be bagged up and taken away to be cleaned at the Food and Health workers home as the session ended at 7pm. Due to pots not cleaned at the group session the Food worker has had to work a further 30mins once returning home to clean equipment.



Everyone had the chance to taste and give feedback to what they thought about the dish and if their families would eat it.



Tasting sweet and sour chicken with noodles.

Promotion-How was the project published? How did you recruit participants?

The participants for the cook and eat were enrolled from the Change for Life weight management groups that were also run from the village hall. The Food and Health worker arranged to attend the weight management sessions (there were two), to explain about the project and how they may like to become involved with the cooking sessions to help with their journey of weight loss and encourage them to try new foods and dishes.

There were a total of 20 names on the list and as a result of times and dates the venue was available 5 people have participated in the cooking sessions. Others have been placed on a waiting list for a more convenient date and time to them.

Resources-What resources were needed e.g. funding, staffing, venue, equipment, etc

The cost of the hall with no kitchen or wash-up facilities was £15 +VAT per hour and the hall was booked 2hours per session.

The hall that we converted into a kitchen area





Our make do kitchen



All equipment had to be brought to the venue and taken away to be washed as there was no facilities to clean equipment. Hands had to be washed in the toilet area and then hand gel used before starting preparation of the food.

Approximately the costs for the recipes were £2 ahead or less. There is a budget for staff and mileage.

Recipes were printed and handed out to each participant at the end of the session to take home to cook for family and friends. Equipment was taken to each session depending on the dishes cooked.

Evaluation-How was the project evaluated and success measured?

On the first week 8 attended then due to family commitments 5 completed the 6 week sessions.

On the last week there was an evaluation sheet for the participants to fill in and add comments about the sessions.

Questions included;

Is there anything from attending the course that has changed your buying, eating and cooking habits?

Comments included;

- Cooking low fat but creative cooking to keep the taste
- To try and cook different thing
- Using low fat items

Have you learnt anything new?

Comments included;

	<ul style="list-style-type: none"> • The simplicity of dishes cooked from scratch • How quick and easy healthy cooking can be <p>The participants on the first week filled in a food and health questionnaire and recorded a score, then on the final week filled the same questionnaire in again and compared their final score to their first to see if it had lowered as this would then indicate that they have changed their eating habits to a healthier choice. From the 5 that completed the course they all showed improvement in their eating patterns.</p>
<p>Lessons learned- What obstacles or problems have been encountered? How have these been overcome?</p>	<p>The main and major problem was that there were no cooking and wash facilities, yes we managed to overcome the situation but I would not like or enjoy to have too many sessions in this situation.</p> <p>The worst part was that the food and health worker had to transport dirty equipment to some other venue to wash and clean.</p>
<p>Future developments- what plans are there for the future of the project?</p>	<p>Communicate with other community groups in the area and promote the service.</p>
<p>Name</p> <p>Title</p> <p>Organisation</p>	<p>Sharon Drake</p> <p>Community Food and Health Worker</p> <p>SWYPFT</p>

	<p>Barnsley North Healthy Eating Project –</p> <p>‘Now You’re Cooking’</p> <p>Ad Astra after school provision St John’s Church Barnsley</p>
<p>Background- Background evidence/situation which lead to the projects initiation</p>	<p>Barnsley North ward areas commissioned SWYPT to run cook and eat sessions free of charge to the general public to encourage them to eat more healthily. It is an 18 month project that runs from Oct 2014 to March 2016.</p> <p>The North Area Council wanted to provide their communities with access to information and advice on how to eat healthily, to include delivery of practical sessions for cook and eat, cooking / shopping on a budget. To enable local people to make informed decisions about their/family daily diet.</p> <p>Eating healthily can have a great effect on a person’s overall health and wellbeing and can impact on their life expectancy.</p> <p>By improving knowledge and skills around cooking in time it should help reduce the demand on local health services. It will also encourage people to become close communities again and help improve confidence and pride within their local area.</p>
<p>Partners</p>	<p>SWYPFT Community Food and Health Team</p> <p>Barnsley North Commissioners</p> <p>Ad Astra</p> <p>Local Councillors for Old Town Ward</p>
<p>Aims and objectives-What were the main aims and expected outcomes?</p>	<p>Aims</p> <ul style="list-style-type: none"> • Access affordable healthy foods • Encourage participants to cook • Improve knowledge about healthy eating on a budget <p>Objectives</p> <ul style="list-style-type: none"> • Promote healthier ways to cook • Tasters for the group to try • Recipes to take home and make • To encourage the participants to lower their fat/sugar intake • Try different foods • Be aware of basic food hygiene and health and safety within the kitchen
<p>Methodology- How was the project delivered?</p>	<p>Six sessions were booked to be delivered at the church hall belonging to St John’s Church, where Ad Astra ran an after school club, ages ranged from 5years to 15 years. The venue is situated and accessible for 2 primary schools and a senior school. Parking is available.</p> <p>There is a kitchen area that is accessible but all the equipment and resources were brought in by the food and health worker. It was decided that the preparation would be done in the hall so that any of the children not taking part could still see how and what was being prepared. The cooker didn’t work well so a portable stove and plug in cooking pot was provided.</p>

The group has 28+ members, this would be impossible to run as a whole group, so 10 children participated each week in the preparation of the food and everyone was able to taste the final product at the end.

Recipes were provided for the entire group to take home and show their families, and hopefully cook at home.

All the recipes cooked were based on vegetables and how easily they could achieve their 5 a day. Before each session a 10 minute feedback with questions and answers from the previous week.

As this group involved children of different ages and abilities the theory side to the sessions were incorporated as they prepared the ingredients. The older children helped the younger children during the preparation time. With this particular group when it came to cooking the food an older child and a younger child cooked under supervision.



Everyone had the chance to taste and give feedback to what they thought about the dish and if their families would eat it.



Promotion-How was the project published? How did you recruit participants?

Initially the Food and Health Worker met with the manager for the group and discussed what the project offered and how it might encourage the children to taste new foods. The Food and Health worker visited and spoke to the children about what they may like to cook; it was decided to cook dishes from around the world. A list of countries and dishes was produced then they voted on their

	favourite and the top 6 were implemented.
Resources -What resources were needed e.g. funding, staffing, venue, equipment, etc	<p>As the group already were using the hall there was no out lay for the venue, approximately the costs for the recipes were £2 ahead or less. There is a budget for staff and mileage.</p> <p>Recipes were printed and handed out to each participant at the end of the session to take home for parents/careers. Equipment was taken to each session depending on the dishes cooked.</p>
Evaluation -How was the project evaluated and success measured?	<p>On the last week there was an evaluation sheet for the participants to fill in and add comments about the sessions.</p> <p>The evaluation sheet was adapted to be child friendly. Questions included What have you found useful?</p> <p>Comments included;</p> <ul style="list-style-type: none"> • Learnt how to make foods from around the world • How to eat healthy • Enjoyed tasting the food • Taking the recipes home <p>What could have been better?</p> <p>Comments included;</p> <ul style="list-style-type: none"> • Nothing cos it was fun • More unusual vegetables <p>They all agreed it was fun, exciting and interesting.</p> <p>At the last session there was a presentation of certificates to all the group who had participated and tasted the food.</p>  <p>The group have decided to make the last Monday in the month a cooking session, so that the children can continue to learn and taste new foods.</p>
Lessons learned - What	<p>Children don't have a long concentration span and when the weather is nice outside even though they want to join in and cook they also want to be outside</p>

<p>obstacles or problems have been encountered? How have these been overcome?</p>	<p>running around.</p> <p>Let them help chop an item then go do another activity.</p>
<p>Future developments- what plans are there for the future of the project?</p>	<p>Ad Astra is a large group with new members arriving weekly. Plans are to return in Sept/Oct and run the sessions again.</p> <p>Communicate with other community groups in the area and promote the service.</p>
<p>Name</p> <p>Title</p> <p>Organisation</p>	<p>Sharon Drake</p> <p>Community Food and Health Worker</p> <p>SWYPFT</p>

SUMMARY PERFORMANCE MANAGEMENT REPORTS FOR EACH NORTH AREA COUNCIL STRONGER COMMUNITIES GRANT PROJECT

To date all 5 of the Stronger Communities Projects are operational. Unfortunately the Pogmoor Residents Area Residents Association have decided to discontinue their project due to ongoing project maintenance commitments.

2 have submitted monitoring forms, performance review meetings are planned for all the projects during July.

Ad Astra Barnsley CIC – Broadening Horizons

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Broadening Horizons: £19,270

The project consists of two strands: i) The core Ad Astra project is based in Old Town and enables the running of a weekly afterschool club for children and young people ages 6 to 17. This involves parents and extended family in activities that to form strong communities. ii) Enables Ad Astra to run a number of four week programmes through in schools and community venues throughout the North Area. They will ensure that their project is complimentary existing area based provision. The work will be tailored to the group and could include Peer Support training, anti-bullying, healthy lifestyles, enterprise work, volunteer training, local history and geography projects.

Project Update – extract from the Quarterly report.

It's been a great start to the project.

Our Monday After School Club at St Pauls Church Hall has already got the numbers we anticipated for the year. We have 30 children and young people attending regularly every Monday and we now have had to create a 'Waiting List' for several others who want to attend.

Our Walking Buses from Summer Lane and Wilthopre Primary School are becoming very popular with the children singing a variety of songs as we walk back to the centre.

In this quarter we have had The Health Campaign coming to us for six sessions to show and teach the young people how to cook a variety of meals. The young people chose a Multi Cultural theme for the meals, which followed on from a piece of work we recently

completed. Other topics we have covered so far have been a selection of different arts and crafts. Fun and fitness activities on a Monday in the grounds of the church and started work towards our next round of 'Buddy' Training. We have a Homework Table out most sessions and some young people complete their homework whilst some of our young members practice their reading by reading to some of our older young people.

For our Tour de Yorkshire Project we painted a number of bikes in blue and yellow, which were then put on display on Huddersfield Road and in Wilthorpe Park. These have since gone into other areas of the borough where other local communities are doing 'Bike Projects'. We also supported an event at Wilthorpe Park on the day that the bike race came through Barnsley, with many of our young people helping deliver activities for other young people.

Another Event we coordinated in Wilthorpe Park was a Family Fun Day – this was very successful with young people coming from 11 different schools and over 200 people signing in on the day. We had stalls with a few local groups, Friends of Wilthorpe Park – Healthy Food Campaign and Love Where You Live. The weather was a little up and down but everyone had a fabulous day. Our volunteers did an amazing job helping coordinate all the activities, which included some litter picking and some weeding in the park.

Our additional Pilot projects have seen us complete two short-term programmes in Summer Lane Primary School. One was a Peer Support /Buddy Training Programme with 25 young people who all completed an I Know I Can (IKIC) Accreditation programme. The other was an environmental programme where the young people planted seeds and gave every class in the school some seedlings to help/watch them grow. They also did a litter pick in the school grounds and did some gardening in the outdoor classroom area, they also planted some flowers in the beds around the schools.

Our Volunteers – they are an amazing group of people who come and support all the activities we do. As you can see from our progress so far our volunteer hours are way in front of our expectations. They have supported all our school work and the work we have done in the community and they are all DBS checked.

They all come from the Old Town area and the challenge we need to set our selves is to try and get volunteers to support the work we are going to deliver in the other ward areas.

Case Study:

Our case study for this quarter is about one of our volunteers – His name is Peter and he lives in the Old Town Ward. He has two children aged 11 and 14 his eldest son has ASD (Aspergers) both his children attend our activities at varying levels.

When we set up the walking bus he asked if he could help in any way and of course we did the usual checks and very quickly said YES.

He now meets at Summer Lane Primary (even though his children have now left the school) and helps collect the children ready for the trip back to St Pauls. He used to leave us once we arrived at the hall and went home to finish his job for the day. He became so captivated by the activities every week he now stops with us and helps with all activities we have each and every week from washing pots to making toast to sitting and reading with the children –he helped us paint the bikes and he's usually the first with a sweeping brush at the end of the session.

He also helps us with the majority of our other activities – he supported with the gardening project in Summer Lane and he has attended all our activities in the local area and some of our holiday days.

He works full time but luckily for us he can work flexible hours, which enables him to be such a valuable member of our team.

Has Peter has become involved with Ad Astra we have managed to get him involved in other community initiatives. He waters the hanging baskets, which are outside his home, and he waters others for his neighbours when they are away. We've also signed him up for the Snow Patrol training. He also helps when he can with Old Town Residents activities and has been known to turn up on a Saturday morning in Wilthorpe Park to help there.

And coming back to his home life – he works full time has a wife and two children and still manages to be a very active member of the Ad Astra Team

Athersley Cares – Project Expansion

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Project Expansion: £12,285

This project also consists of two strands: i) Activities for young people which will also involve family learning. Led by a fully qualified youth practitioner. Volunteers will be recruited and trained to deliver youth provision ensuring that there is greater capacity within the local community once the project draws to a close. ii) The second strand will provide information, advice and guidance within three community locations. This is intended to address confidence, health and wellbeing, self-advocacy and antipoverty. This is intended to enable the local people to have greater control over their own affairs, giving them confidence in their own decision making ability.

Kids in the Community

Between 50 and 58 young people are attending after school activities which include Art and Craft, Cook and Eat, sports and ICT programmes. The young people are consulted regularly as to what they would like to take part in and if resources allow are accommodated. Parent participation is encouraged and some sessions are dedicated to young people with their parent/carer designing and constructing crafts for e.g. tissue paper flowers, coasters and garden ornaments which are to be sold at local craft fairs and galas to help towards sustainability. Older young people are encouraged to become Peer Mentors, supporting the worker and volunteers (X4) with the younger ones.

A 50p charge per session was introduced a few weeks back. Unfortunately some young people stopped attending and others were attending saying their parents had not given them money. This is an issue that is being addressed and monitored and hopefully a conclusion sought in the very near future.

13 young people are working towards accreditation by working as Peer Supporters in their school at lunch times and breaks. Some young people work to a rota and do corridor and dining room duty. Others take charge of the younger children and teach them to skip and play games with them so they don't feel alone at break times. They call themselves 'Playground Patrol'. The young people are keeping a log of their duties and write up their weekly challenges as evidence for their portfolios and photographs taken. They will be accredited by IKIC (I Know I Can) once completed.

I.A.G. & counselling at New Lodge - New Lodge WMC began on 3rd March but as numbers were low – 3 in total, this was discontinued after 5th May.

The second outreach due to take place at New Lodge Community Centre has not started yet due to refurbishment work not being completed.

Numbers for counselling have been poor, with only 2 – these are on-going.

I.A.G. - The IAG worker is on hand during the time the organisation's groups are operating and any support the members may need, is given.

Groups – The weekly Gentle Exercise sessions have proven very successful with the elderly, enabling them to access support from the local health trainer who has also offered other health related advice e.g. weight, eating habits, blood pressure checks etc. These sessions have helped its

members to stay active, easing aches and pains and maintain a level of fitness for general mobility. By meeting and socializing with other members of the group, this has enhanced their health and well-being considerably and many have gone on to join the organisation's other groups. A charge of £1 is being introduced to cover the cost of the rent for the Hall from the end of July. An average of 11 people attends every week.

The Twilight Club, originally started last September to combat isolation for the elderly, it is still taking place every fortnight. See case study for more information.

Cook and Eat sessions have carried on from the ones originally funded by BMBC earlier in the year - at the request of those who were attending – being made up of elderly residents and adults with learning/physical disabilities. These have provided members of the group ideas on healthy options when buying and preparing food, have also provided new social links with others within the group and have formed close friendships whereby they also attend external social events. Two members of the group have taken on the role of buying the ingredients every week once the group, as a whole, have chosen the following week's menu with the support of the project worker and health trainer. There is a charge of £1.25 per person which covers this cost of ingredients. An average of 11 people attends every week.

The Hobby Club is very well attended by two day care centres for adults with learning/physical disabilities; the activities provide therapeutic benefits whereby they learn new skills which give a feeling of achievement. This activity, along with all the others, is advertised regularly in local shops, doctors surgeries, libraries, community buildings etc in-order to attract local residents. Each person pays £1 and includes refreshments. An average of 13 people attends every week.

Romero Communities – Project Expansion

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Project Expansion: £19,308: Offering an open door, non-appointment based advice and guidance service based in St Helens. The project wish to establish a client progression programme to enable service users to achieve personal goals. They wish to formalise a follow-up phone call service to ensure service users are continuing to make headway.

The Romero Project recognises that to become more sustainable as a community project they need to recruit volunteers to fill specialist roles. This will involve training and development for volunteers.

N.B. Awaiting quarterly report at the time of writing.

Greenworks Barnsley – Sustainable Allotments and Community Orchards

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Sustainable Allotments and Community Orchards Project: £20,000: The project aims to engage young people (junior and secondary school) in horticultural projects. The intention is to plant and cultivate community orchards and community allotment projects. The project has 5 key target areas – i) delivering training and skills, ii) promoting allotment gardening, iii) encouraging sustainability, iv) cultivating sustainability, v) maintaining adequate resources.

N.B. Awaiting quarterly report at the time of writing.

RVS - Barnsley North Looking Out for Older People

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Barnsley North Looking Out for Older People: £19,961: RVS have stated as one of their outcomes that they will create 20 volunteering opportunities. They will conduct at least 200 home visits to older people who have been identified as being at risk of loneliness and isolation. Following the home visit elderly residents will be matched with existing provision within the community to ensure that they are encouraged to take part in social activities.

N.B. Awaiting quarterly report at the time of writing.

PARA - Hollingworth Park Sensory Garden Project

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary

Pogmoor Area Residents Association – Hollingworth Park Sensory Garden Project: Applied for £19,999.80. Awarded £9,176: To develop a forgotten piece of land into a sensory garden. The park will be named after Flt Sgt Hollingsworth, providing a tranquil oasis to benefit residents of all ages, hospital staff and visitors, disabled people and WW2 historians. It is hoped the garden will attract additional birds, butterflies and insects. The project would be delivered with the help of students from Horizon Community College, who would also help with maintenance. In good weather it is intended to use the garden for coffee morning to reduce social isolation of older residents.

N.B. *Unfortunately the Pogmoor Residents Association have decided to discontinue their project. This is due to the requirement for them to maintain the sensory garden after completion. The coordinator was not convinced that there was enough volunteers to commit to fulfil the obligations of the license agreement. In addition there were concerns raised about the need to obtain public liability and employers liability insurance which would be at an annual cost for the group.*